

## ABOUT FACE AESTHETICS & SKINCARE, LLC

### NEUROTOXIN INFORMED CONSENT

I, \_\_\_\_\_, understand that I will be injected with a neurotoxin (Botox® or Dysport®) involving a series of small subcutaneous injections designed to weaken certain muscles that cause skin wrinkling. Weakening of the injected muscles begins to be apparent after 2-3 days with the peak effect being reached after 7-14 days.

Injection of neurotoxins into the small muscles between the brows, in the forehead area or crow's feet around the lateral area of the eyes causes those specific muscles to halt their function (be paralyzed) thereby improving the appearance of the wrinkles. I understand the goal is to decrease the wrinkles in the treated area. This paralysis is temporary, and re-injection is necessary within three to four months.

Alternative forms of non-surgical and surgical management for the appearance of wrinkles and lines in the skin include laser ablation, chemical peels, dermal filler, minimally invasive procedures and face lift. Alternative forms of treatment are all associated with certain risks.

The possible side effects of neurotoxin injections for cosmetic purposes include but are not limited to:

- Risks: I understand there is a risk of swelling, rash, headache, local numbness, pain at the injection site, bruising, respiratory problems and allergic reaction.
- Bleeding: It is possible, though unusual to experience a localized bleeding episode during or after the procedure at the site(s) of injection. Do not take any aspirin or anti-inflammatory medications for ten days prior to your appointment.
- Infection: Infections can occur which in most cases are easily treatable but in rare cases a permanent scarring in the area can occur.
- Most people have lightly swollen pinkish bumps where the injections went in for a couple of hours or even several days.
- Although many people with chronic headaches or migraines often get relief from neurotoxin injections, a small percent of patients get headaches following treatment for the first day. In a very small percentage of patients, these headaches can persist for several days or weeks.
- Local numbness, rash, pain at the injection site, flu-like symptoms with mild fever, or back pain may be experienced.
- Respiratory problems such as bronchitis or sinusitis, nausea, dizziness and tightness or irritation of the skin may be experienced.
- Bruising is possible anytime you inject a needle into the skin. This bruising can last for several hours, days, weeks, months, and in rare cases the effect of bruising could be permanent.
- While local weakness of the injected muscles is representative of the expected pharmacological action of neurotoxins for cosmetic purposes, weakness of adjacent muscles may occur as a result of the spread of the toxin.
- Another risk when injecting neurotoxins around the eyes include corneal exposure because people may not be able to blink the eyelids as often as they should to protect the eye. This inability to protect the eye has been associated with damage to the eye as impaired vision or double vision, which is usually temporary. This reduced blinking has been associated with corneal ulcerations. There are medications that can help lift the eyelid, however, if the drooping is too great the eye drops are not that effective. These side effects can last for several weeks or longer. This occurs in 2-5 percent of patients.
- Allergic reactions: In rare cases, local allergies to the neurotoxin preparations have been reported. Systemic reactions, which are serious, may result from any medication or substance used during the procedures. Allergic reactions may require additional treatment.

- Drooping of the eyelids (Ptosis): This is a rare but transient complication occurring in 1-2% of patients. The incidence can be minimized by positioning post injections. Ptosis usually resolves within several weeks but may take longer.
- Treatments: I understand more than one injection may be needed to achieve a satisfactory result.
- I will follow all aftercare instructions as it is crucial I do so for healing.

Injecting neurotoxins for cosmetic purposes is not an exact science, and there might be an uneven appearance of the face with some muscles more affected by the neurotoxin than others. In most cases this uneven appearance can be corrected by injecting neurotoxin in the same or nearby muscles. However, in some cases this uneven appearance can persist for several weeks or months.

The preceding lists is not meant to be inclusive of all possible risks as associated with neurotoxins injected for cosmetic purposes as there are both known and unknown side effects associated with any medication or procedure.

Neurotoxins should not be administered to a pregnant or nursing woman.

Additionally,

The number of units injected is an estimate of the amount of neurotoxin required to paralyze the muscles. Although good results are expected, there cannot be any guarantee or warranty expressed or implied with regard to the results that may be obtained.

I understand and agree that all services rendered are charged directly to me and I am personally responsible for payment. I further agree in the event of non-payment, to bear the cost of collection, and/or court cost and reasonable legal fees, should this be required. By signing below, I acknowledge that I have read the foregoing informed consent and agree to the treatment with the associated risks. I hereby give consent to perform this and all subsequent neurotoxin treatments with the above understood. I hereby release the doctor, the person injecting the neurotoxin, and the facility from liability associated with this procedure.

While we will strive to ensure our clients are satisfied with their treatment, we do not provide refunds.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_